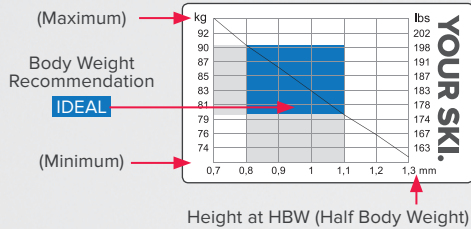


WEIGHT RECOMMENDATION NORDIC SKIS

On every Worldcup ski we make there is a sticker that shows the important technical information about that ski. This includes its ideal weight range, based on the ski's specific length and flex. There are two different stickers, one for Classic and one for Skate:

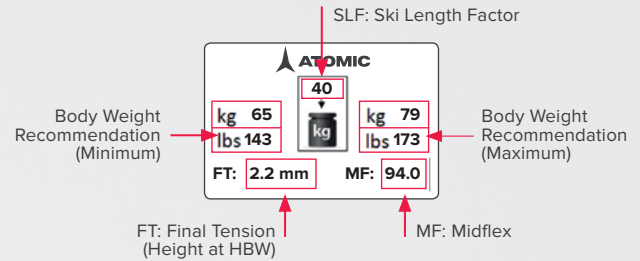
CLASSIC

This sticker includes a color coding for different conditions: cold (blue ■), universal (yellow ■) or warm (red ■). The sticker shown below is for a cold ski which is recommended for skiers between 72 – 94 kg, perfectly suitable for 80 – 90 kg. In addition, there's a special sticker for Skintec (colour coding grey ■).



SKATE

The sticker shown below is for a ski which is recommended for skiers between 65 – 79 kg, or 143 – 173 lbs.



RACE CLASSIC	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs
REDSTER CARBON CLASSIC	192 cm		197 cm		202 cm		207 cm		-	-	-	-
AB0020792 cold med	-	-	-	-	70-80	154-176	80-90	176-198	-	-	-	-
AB0020782 cold soft	45-55	99-121	50-60	110-132	60-70	132-154	70-80	154-176	-	-	-	-
AB0020788 universal hard	-	-	-	-	-	-	90-105(+)	198-231(+)	-	-	-	-
AB0020786 universal med	55-65	121-143	60-70	132-154	70-80	154-176	80-90	176-198	-	-	-	-
AB0020784 universal soft	45-55	99-121	50-60	110-132	60-70	132-154	70-80	154-176	-	-	-	-
AB0020808 plus CB med	-	-	50-60(+)	110-132(+)	65-75(+)	143-165(+)	75-85(+)	165-187(+)	-	-	-	-
REDSTER C9 SKINTEC	192 cm		197 cm		202 cm		207 cm		-	-	-	-
AB0020952 x-hard	-	-	-	-	-	-	105-115	231-253	-	-	-	-
AB0020862 hard	-	-	-	-	85-95	187-209	95-105	209-231	-	-	-	-
AB0020954 med	60-70	132-154	70-80	154-176	75-85	165-187	85-95	187-209	-	-	-	-
AB0020864 soft	50-60	110-132	60-70	132-154	65-75	143-165	75-85	165-187	-	-	-	-
REDSTER C9	192 cm		197 cm		202 cm		207 cm		-	-	-	-
AB0020858 universal med/hard	-	-	-	-	75-90	165-198	85-100(+)	187-220(+)	-	-	-	-
AB0020860 universal soft/med	55-65	99-121	60-70	110-132	60-75	132-165	70-85	154-187	-	-	-	-
AB0020854 cold med/hard	-	-	-	-	70-80	154-176	80-90	176-198	-	-	-	-
AB0020856 cold soft/med	45-55	99-121	50-60	110-132	60-70	132-154	70-80	154-176	-	-	-	-
REDSTER C7 SKINTEC	192 cm		197 cm		202 cm		207 cm		-	-	-	-
AB0021000 x-hard	-	-	-	-	-	-	105-115	231-253	-	-	-	-
AB0020994 hard	-	-	-	-	85-95	187-209	95-105	209-231	-	-	-	-
AB0020998 med	60-70	132-154	70-80	154-176	75-85	165-187	85-95	187-209	-	-	-	-
AB0020996 soft	50-60	110-132	60-70	132-154	65-75	143-165	75-85	165-187	-	-	-	-
REDSTER C7	176 cm		184 cm		192 cm		200 cm		208 cm		-	-
AB0020878 x/h	-	-	-	-	-	-	-	-	90-110(+)	198-242(+)	-	-
AB0020876 m/h	35-50	77-110	55-70	121-154	60-75	132-165	70-85	154-187	75-90	165-198	-	-
REDSTER C5	181 cm		188 cm		195 cm		202 cm		209 cm		-	-
AB0020886	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
RACE SKATE												
REDSTER S9 CARBON	173 cm		180 cm		186 cm		192 cm		-	-	-	-
AB0020840 universal soft/med	40-55	88-121	50-65	110-143	55-70	121-154	65-80	143-176	-	-	-	-
AB0020842 universal med/hard	-	-	-	-	65-80	143-176	75-95(+)	165-209(+)	-	-	-	-
AB0020838 universal x/hard	-	-	-	-	-	-	90-110(+)	198-242(+)	-	-	-	-
AB0020846 plus med/hard	-	-	50-65	110-143	60-80	132-176	70-95(+)	154-209(+)	-	-	-	-
AB0020844 plus x/hard	-	-	-	-	-	-	90-110(+)	198-242(+)	-	-	-	-
REDSTER S9	173 cm		180 cm		186 cm		192 cm		-	-	-	-
AB0020834 soft/med	40-55	88-121	50-65	110-143	55-70	121-154	65-80	143-176	-	-	-	-
AB0020836 med/hard	-	-	-	-	65-80	143-176	75-95(+)	165-209(+)	-	-	-	-
AB0020832 x/hard	-	-	-	-	-	-	90-110(+)	198-242(+)	-	-	-	-
REDSTER S7	173 cm		180 cm		186 cm		192 cm		-	-	-	-
AB0020850 med/hard	40-55	88-121	50-65	110-143	60-75	132-165	70-85(+)	154-187(+)	-	-	-	-
AB0020848 x/hard	-	-	-	-	-	-	90-110(+)	198-242(+)	-	-	-	-
REDSTER S5	172 cm		178 cm		184 cm		190 cm		-	-	-	-
AB0020852	40-55	88-121	50-65	110-143	60-80	132-176	75-100(+)	165-220(+)	-	-	-	-

SPORT CLASSIC	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs
PRO C3 SKINTEC	176 cm		184 cm		192 cm		200 cm		208 cm		-	-
AB0020888 med	55-65	121-143	55-70	121-154	60-75	132-165	70-85	154-187	75-90	165-198	-	-
AB0020890 hard	-	-	-	-	75-90	165-198	85-100	187-220	90-110(+)	198-242(+)	-	-
PRO C3 SKINTEC L	176 cm		184 cm		192 cm		200 cm		-		-	-
AB0020892 med	50-60	110-132	55-65	121-143	60-70	132-154	65-75	143-165	-	-	-	-
AB0020988 hard	-	-	65-80	143-176	70-85	154-187	-	-	-	-	-	-
PRO C2 SKINTEC	181 cm		188 cm		195 cm		202 cm		209 cm		-	-
AB0020900 med	55-65	121-143	55-70	121-154	60-75	132-165	70-85	154-187	80-95(+)	176-209(+)	-	-
AB0020898 hard	-	-	70-85	154-187	-	-	80-95	176-209	90-110	198-242	-	-
PRO C2 SKINTEC L	181 cm		188 cm		195 cm		-		-		-	-
AB0020918 med	50-60	110-132	55-70	121-154	60-75	132-165	-	-	-	-	-	-
AB0020986 hard	-	-	70-85	154-187	75-90	165-198	-	-	-	-	-	-
PRO C1 SKINTEC	181 cm		188 cm		195 cm		202 cm		209 cm		-	-
AB0020990 med	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100	165-220	-	-
AB0020992 hard	-	-	70-85	154-187	-	-	110-115	242-253	-	-	-	-
PRO C2	181 cm		188 cm		195 cm		202 cm		209 cm		-	-
AB0020896	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
SPORT SKATE												
PRO S2	172 cm		178 cm		184 cm		190 cm		-		-	-
AB0020910	40-55	88-121	50-65	110-143	60-80	132-176	75-100(+)	165-220(+)	-	-	-	-
PRO S2 L	166 cm		172 cm		178 cm		184 cm		-		-	-
AB0020908	40-55	88-121	45-60	99-132	55-65	121-143	60-75	132-165	-	-	-	-
PRO S1	172 cm		178 cm		184 cm		190 cm		-		-	-
AB0020912	40-55	88-121	50-65	110-143	60-80	132-176	75-100(+)	165-220(+)	-	-	-	-
PRO CS1	172 cm		178 cm		184 cm		190 cm		-		-	-
AB0020916	40-55	88-121	50-65	110-143	60-80	132-176	75-100(+)	165-220(+)	-	-	-	-
TOURING MID SIZE												
MOVER SKINTEC	174 cm		184 cm		194 cm		204 cm		-		-	-
AB0020970 med	50-65	110-143	55-70	121-154	70-85	154-187	80-95	176-209	-	-	-	-
AB0020972 hard	-	-	-	-	80-95	176-209	90-110(+)	198-242(+)	-	-	-	-
MOVER SKINTEC L	174 cm		184 cm		194 cm		-		-		-	-
AB0020966 med	50-65	110-143	55-70	121-154	70-85	154-187	-	-	-	-	-	-
AB0020968 hard	-	-	65-80	143-176	80-95	176-209	-	-	-	-	-	-
MOVER 52 GRIP	177 cm		184 cm		191 cm		198 cm		205 cm		-	-
AB0020974	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
MOVER 52 WAX	177 cm		184 cm		191 cm		198 cm		205 cm		-	-
AB0020976	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
MOVER 46 GRIP	179 cm		186 cm		193 cm		200 cm		207 cm		-	-
AB0020964	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-
TOURING SHORT SIZE												
MOVER XCRUISE SKINTEC	165 cm		170 cm		175 cm		-		-		-	-
AB0021002 med	35-50	77-110	65-80	143-176	75-90	165-198	-	-	-	-	-	-
AB0021004 hard	50-65	110-143	-	-	90-105	198-231	-	-	-	-	-	-
MOVER XCRUISE POSIGRIP	163 cm		173 cm		183 cm		193 cm		-		-	-
AB0020982 med	55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	-	-	-	-
AB0020984 hard	-	-	-	-	80-95	176-209	90-100(+)	198-220(+)	-	-	-	-
MOVER XCRUISE GRIP	163 cm		173 cm		183 cm		193 cm		-		-	-
AB0020978	55-70	121-154	60-75	132-165	70-95	154-209	75-100(+)	165-220(+)	-	-	-	-
MOVER XCRUISE GRIP L	163 cm		173 cm		183 cm		-		-		-	-
AB0020980	40-55	88-121	50-65	110-143	60-75	132-165	-	-	-	-	-	-
JUNIOR												
REDSTER C9 JR	145 cm		155 cm		165 cm		175 cm		185 cm		-	
AB0020866	25-35	55-77	30-40	66-88	35-45	77-99	40-50	88-110	45-65	99-143	-	-
REDSTER C7 SKINTEC JR	128 cm		138 cm		148 cm		158 cm		168 cm		175 cm	
AB0020882	15-25	33-55	15-25	33-55	20-30	44-66	25-35	55-77	30-40	66-88	40-50	88-110
PRO C1 GRIP JR	90 cm		100 cm		110 cm		120 cm		130 cm		140 cm	
AB0020906	15-30	33-66	18-33	39,6-72,6	22-37	48,4-81,4	24-39	52,8-85,8	30-45	66-99	32-47	70,4-103,4
	34-49	74,8-107,8	36-51	79,2-112,2	38-53	83,6-116,6	-	-	-	-	-	-
PRO C1 SKINTEC JR	90 cm		100 cm		110 cm		120 cm		130 cm		-	
AB0020958	0-15	0-33	0-20	0-44	15-25	33-55	20-30	44-66	25-35	55-77	-	-
PRO C2 SKINTEC JR	140 cm		150 cm		160 cm		170 cm		-		-	-
AB0020962	30-40	66-88	35-45	77-99	40-50	88-110	45-55	99-121	-	-	-	-
REDSTER S9 JR	137 cm		144 cm		151 cm		158 cm		165 cm		172 cm	
AB0020868	20-30	44-66	30-40	66-88	35-45	77-99	40-50	88-110	45-55	99-121	50-60	110-132
REDSTER S5 JR	138 cm		148 cm		158 cm		163 cm		168 cm		-	
AB0020884	20-30	44-66	30-40	66-88	40-50	88-110	45-55	99-121	50-60	110-132	-	-